

# Premier Club

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Premier Club Members,

Easter is over and it's time to think about yard work and getting the garden ready. People have been known to plant their potatoes on Good Friday. The Farmer's Almanac says that this practice started back in the 1600's when the potato was first introduced in Europe and thought to be "evil" because it grew underground. The people planted them on Good Friday and sprinkled the ground with Holy Water to ward off any misfortunes. It's also said that you should plant your peas when the daffodils are blooming. My daffodils are blooming but the ground is way too cold to be thinking about planting a garden!

Thanks to Terry Glover with the Nebraska Chapter of the Alzheimer's Association for speaking at the last meeting. The topic was *Knowing the 10 Warning Signs of Alzheimer's*. It was nice to have someone speak who has experienced caring for someone who was diagnosed with the disease. She also pointed out the difference between Alzheimer's and just the effects of getting older. All of us are aging and should be aware of these things.

Our next meeting will be April 11 at 9:30AM in the St. John's Lutheran Church fellowship hall. Our speaker will be Deena Hannum, owner of Hay Jay Coffee. Deena is a lifelong member of the Bennington community. She and her husband have built a very successful business. Please plan to attend and hear more about this!

You have heard that scamming is happening more and more to people who are the most vulnerable. But it can happen to any of us. No one is immune! i3 Bank has created a scam awareness flyer that is included/attached with this newsletter. PLEASE read through it and BE AWARE of the ways this can happen. Sometimes people are "scammed" and don't even realize it until it's too late. Don't be that person! If you have any questions at all, please contact i3 Bank (402-238-2245). They are more than willing to help so that this doesn't happen to any of us.

I hope to see you on April 11!

*Dee*